## Parasite Removal Protocols Using Myrrh Extract

by Aida

## **Protocol-A for liver flukes**

For Protocol-A we use a 6 day pulsed treatment with <u>Myrrh extract</u> at 2 capsules a day on an empty stomach. Then wait 1 hour before eating breakfast, and wait another hour before starting other protocols, for example starting your daily CDS/MMS protocols.

Take 4-14 days break of Myrrh, as it is very powerful at eliminating parasites and will continue working even after stopping pulsed treatment. After this waiting period, dose again for 6 consecutive days, then come off and stay off until the next month's full moon, then repeat treatment every month until there are no more visible signs of parasitic debris.





## **Protocol-B for intestinal parasites**

For Protocol-B we use a 9 day pulsed treatment for intestinal parasites like tapeworms.

We start with 2 capsules of <u>Myrrh extract</u> a day on an empty stomach, then wait 1 hour before eating breakfast, and wait another hour before starting your other protocols, like CDS/MMS.

Then take off between 4-14 days before starting your second cycle of Myrrh treatment. After finishing your second 9 day pulsed treatment you will continue to expel parasites which is normal as Myrrh is very powerful at its job.

Continue pulsed treatments with Myrrh on every Full moon for best results until no more visible parasites are expelled.





